

# Henna

Asian Women's Group



**Do you have grandparents?**

**Not enough time to see them due to work or university?**

**Feel guilty?**

Rest assure Henna Asian Women's Group can help, we have a variety of volunteers that deliver Henna's Befriending service in South Asian languages. Our volunteers will come and visit your grandparents within their homes, take them out for a cup of tea, share a hobby or even access services in local communities.

To find out more please contact Raf on 0207 3729860  
or email [rafat\\_hennaord@yahoo.co.uk](mailto:rafat_hennaord@yahoo.co.uk)



CHARLES  
HAYWARD  
FOUNDATION

*Grandparents'*



*will never grow old.*